

SCHOOL HEALTH ADVISORY COMMITTEE

May 20, 2013

The School Health Advisory Committee (SHAC) met on Monday, May 20, 2013, at the Elementary School Campus in Camp Wood with the following members present: Doris Miles, Jimmie May Baxter, Kristi Powers, Veronica Perez, and Diana Delarosa. Guest Fredlyn Wideman also attended.

The meeting was called to order at 2 p.m. and the Minutes of the last meeting (April 17, 2013) were approved as read, following a motion by Mrs. Baxter, seconded by Mrs. Perez.

Following a discussion of sexuality programs suitable for presentation to students, Mrs. Powers reported that the school Site-Based Decision Making Committee (SBDM) was not ready to recommend Big Decisions, a program discussed at the last meeting, to the Board. Other programs were discussed, and Mrs. Miles agreed to contact ESC Region 15 to check on other possible programs available to schools. At this time, no programs will be recommended to the board.

Mrs. Miles reported that the Fitness Grams for students had been completed. Approximately ten students at the elementary campus should lose weight according to the BMI (Body Mass Index) report, and three to five at the JH-HS campus. Other than a serious bout with stomach flu this school year, Mrs. Miles reported a successful health-year at school.

Mrs. Perez asked if students were allowed to be served a second milk with lunch, and Mrs. Wideman expressed concerns about students being served adequate amounts of food with lunches. Mrs. Baxter reminded those present that federal guidelines controlled many decisions made in the cafeteria. It was noted that counts were down for meals served these last two weeks because of the flex schedule.

The Health Fair will again be held this year, and is scheduled for August 15 at the elementary gym in Camp Wood.

The next SHAC meeting will be held in September.

With no further business, the meeting was adjourned at 2:25, following a motion made by Mrs. Baxter, seconded by Mrs. Miles, and passed unanimously by the group.

Minutes submitted by Kristi Powers.

Karen Collins, Acting Secretary